

November 4-10 Hebrews 1-6

"JESUS CHRIST, THE AUTHOR OF ETERNAL SALVATION"

1. Searching Activity – What do we know about Christ? Hide the pieces from this link and let the kids look for them https://static.wixstatic.com/ugd/e5a618_77b90b7cc30c45f09b47ee6e533adc2c.pdf . Once they've all been found, read and discuss each one. Remind them of why Christ is important to us. Could glue them onto the picture of Christ from this link: <https://www.theredcrystal.org/post/come-follow-me-nov-10-jesus-christ-the-author-of-eternal-salvation> .
2. Song - Sing "I Believe in Christ" <https://www.youtube.com/watch?v=stge7KqgEN8>.
 - Sit in a circle around the pictures from the searching activity and take turns saying one reason we're thankful for Christ.
3. Hard Heart/Soft Heart Rock/Sponge – Hebrew 3:8 tells us to "Harden not [our] hearts." What does it mean to have a hard heart?
 - Review the heart/sponge activity we did in the April 1-14 lesson (<https://emiscrafty.files.wordpress.com/2019/03/cfm11.pdf>). Get a heart-shaped rock and sponge to show what happens when you put water on each one or just show the pictures below to review. When we learn about Jesus Christ and Heavenly Father, how does it make us feel? (happy). Put water on the sponge. How can our hearts be like the sponge when we're learning about Jesus and Heavenly Father? What can make our heart seem like the rock?
 - Show "A Shower of Heavenly Blessings" video <https://www.churchofjesuschrist.org/media-library/video/2015-03-009-a-shower-of-heavenly-blessings?lang=eng> . What kind of blessings do Heavenly Father and Jesus want to give to us? What are some things we might sometimes do that block those blessings? How are blessings blocked when we have hard hearts? How can having soft hearts bring us more blessings? What kind of blessings can come to us when we have soft hearts?
 - If time/interest, print up the rock/sponge heart page and have them draw things they can do to help make their hearts softer and able to learn more about Christ.
 - Share/summarize/discuss the following quote from Brother A. Roger Merrill:
*"In our church meetings, in our personal and family scripture study, and even...as we listen to the Lord's prophets and apostles, some of us will receive more than others. Why? I am learning that those who truly receive do at least three things that others may not do. **First, they seek. Second, those who receive, feel. Third, those who receive by the Spirit intend to act.**"*
Talk about ways we can seek, feel, and act on truths that we learn.
4. Storytime (Examples in Scriptures) – Teach/review the stories of Joseph Smith, Nephi, Laman and Lemuel, and Paul using the pictures/scriptures/videos below. As you read them, discuss how each person had either a hard or a soft heart.
5. As Joseph Did Poem- How can I have a soft heart like Joseph Smith did? Read and discuss this poem from *The Friend* <https://www.churchofjesuschrist.org/bc/content/ldsorg/children/resources/topics/joseph-smith/As%20Joseph%20Did-2007-05-friend.pdf> . Talk about specific ways we can be faithful.
 - In Hebrews 3:7-15, Paul encourages saints to act in faith immediately "Today." Discuss some things we can immediately do to be more faithful.
6. Not Letting Truths Slip from Us Penny Game- Read/discuss/summarize Hebrews 2:1. How can we give more "earnest heed to the things which we have heard" and make sure we don't let them "slip" away from us? Remind them that we need to CONTINUALLY read scriptures, pray, listen at church, etc.
 - Set out a pile of pennies in a cup. Tell them that these represent gospel truths that are valuable to us. Family members take turns naming one specific thing they've learned about Jesus and His gospel or one

thing they can do to deepen their faith. For each thing they can think of, they can grab another penny. Continue until pennies are gone or nobody can think of anything else.

- Now that they have these pennies, would they want to take good care of them so they don't get lost? Have them show you how they could keep a firm hold on these pennies in their hands so they don't slip away.
- Take turns letting family members try to steal pennies away from each other.
- Discuss what would happen if we lost our "firm holds" on the pennies (we'd lose them).
- Compare this to the things we learn about Jesus and His gospel. What can we do to keep a "firm hold" on the valuable truths we've learned? Why is it important to not lose our testimonies of Jesus? How can our testimony help us in life? How does Satan try to take our testimonies away from us?
- Share and discuss the following quote from President Russell M. Nelson:
"Because the evil one is ever at work, our vigilance cannot be relaxed – not even for a moment...Night and day, at home or away, we must shun sin and 'hold fast that which is good'."

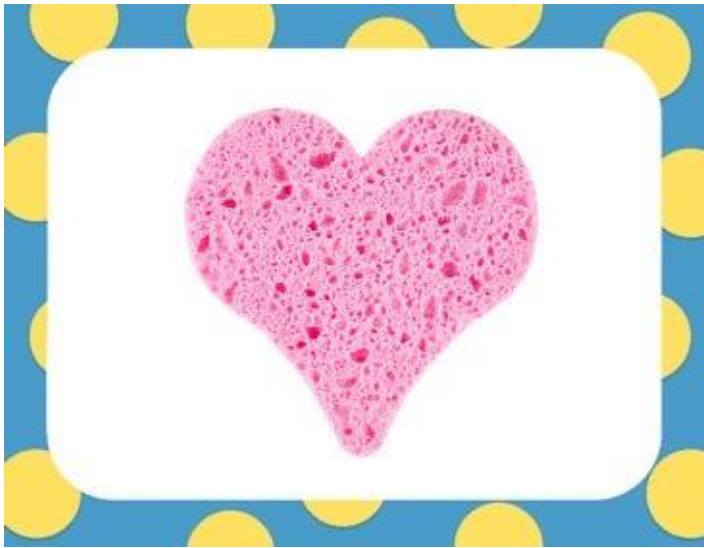
7. Treat – Make Million Dollar Layered Shortbread Bars while talking about how our testimonies of Christ are priceless and worth more than even a million dollars. Recipe: <https://www.thebestdessertrecipes.com/Cookie-Bar-Recipes/Million-Dollar-Layered-Shortbread-Bars#s27qRDr04YrsOwSd.32>

Additional Ideas:

Jesus Loves me story <https://www.churchofjesuschrist.org/study/friend/2017/01/jesus-loves-me?lang=eng>

Faith and Raindrops story <https://www.churchofjesuschrist.org/study/friend/2019/03/faith-and-raindrops?lang=eng>

More great stuff <https://www.theredcrystal.org/post/come-follow-me-nov-10-jesus-christ-the-author-of-eternal-salvation>

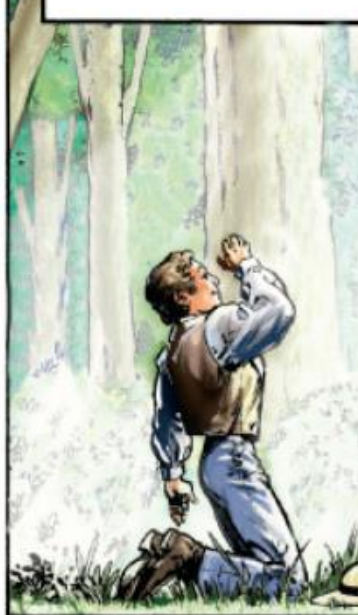




As soon as he tried to speak, he was surrounded by thick darkness and he was afraid he would be destroyed. He prayed to be saved from this evil power.



Joseph later said: "Just at this moment of great alarm, I saw a pillar of light exactly over my head, above the brightness of the sun, which descended gradually until it fell upon me. . . . I saw two Personages, whose brightness and glory defy all description, standing above me in the air.



One of them spake unto me, calling me by name and said, pointing to the other—*This is My Beloved Son. Hear Him!*"



Heavenly Father and Jesus Christ had appeared to Joseph. They told him not to join any of the churches because they were all wrong.

When Joseph told people about his vision, they made fun of him. Ministers of other religions persecuted him, even though he was only a boy.



There are no such things as visions anymore!

You're either lying or you've been deceived by the devil.

Joseph never denied his testimony. He said: "Though I was hated and persecuted for saying that I had seen a vision, yet it was true; . . . I knew it, and I knew that God knew it, and I could not deny it."



Adapted from *Joseph Smith—History* 1:5–25. See also *Teachings of Presidents of the Church: Joseph Smith* (2007), xiv, 3–5, 28–31, 32–34, 38, 438, 545–47.

NEPHI (1 NEPHI 2:16)



LAMAN AND LEMUEL (1 NEPHI 15:6-11)



Laman, Lemuel, and Nephi Book of Mormon Video:

<https://www.churchofjesuschrist.org/media-library/video/2019-07-0150-nephi-prays-for-laman-and-lemuel?lang=eng>)

THE STORY OF PAUL (Saul)



One day while Paul was traveling, he saw a bright light from heaven. He heard Jesus's voice! Jesus told Paul to start helping people repent and follow Him.



The bright light made Paul blind. A holy man named Ananias healed Paul's eyes and baptized him.

After that, Paul taught people about Jesus Christ. He was a great missionary, teacher, and leader in Christ's Church.



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The Story of Paul

https://www.churchofjesuschrist.org/bc/content/shared/content/images/magazines/liahona/2019/08/august-2019-liahona-magazine-jesus-christ_2253165.pdf