February 4-10 Matthew 4; Luke 4-5 "THE SPIRIT OF THE LORD IS UPON ME"

- 1. <u>I am a Child of God</u>- Sing "I Am a Child of God" and talk about what it means. Briefly review what happened in the premortal life and who Satan is. Do Heavenly Father and Jesus want you to remember that you're a child of God? Why? Does Satan want you to know that you're a child of God? Why not? Do you think he ever tried to make even Jesus think He wasn't the son of God?
- 2. <u>Video Show/discuss video "Jesus is Tempted" from Ids.org.</u> Tell them to listen carefully to see what Satan (the devil) tried to get Jesus to do.

https://www.lds.org/children/videos/scripture-stories/new-testament/11-jesus-is-tempted?&lang=eng

If interest: read/discuss/summarize Luke 4:1-14 (color picture?) as well. Explain that since Satan (the devil) knew how important Jesus is, he tried really hard to get Jesus to make mistakes. Did Jesus do what the devil told him to do? Remind them that Jesus is the only person who has ever lived a completely spotless life and never made any mistakes. What are some things we can do to resist temptation (stay spotless) like Jesus did?

3. People Story Cards

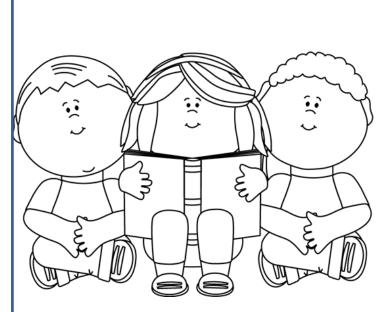
- ➤ Have the "People Story Cards" cut out and hold them upside-down. Let the kids draw the cards out one at a time. As they draw each one out, read it and have them decide if the person did what Satan would want them to do or if they made a good choice to help them become more like Jesus. Put them in either the "Jesus" pile or the "Oops! I made a mistake" pile.
- Do you think Jesus likes to be with people who have made mistakes? Read Luke 5:30-32 and explain that this means that Jesus ate meals with people who were "sinners" (people who had made mistakes).
- Emphasize that Jesus loves us NO MATTER WHAT and wants to help us! If Jesus was on the Earth right now and you had just (hit your sister/said something rude to someone/etc.), do you think he'd still want to be around you/talk to you? Explain that he absolutely would because He loves you no matter what! Would He tell you it's okay to (hit your sister) though? (no) He'd probably teach you ways to be nicer and help you try to repent and become more like Him. Satan tries to make us think that if we've made mistakes, that means Jesus doesn't love us, but is that true?
- ➢ Go through each of the "People Story Cards" that were placed in the "Oops! I made a mistake" pile one at a time. As you go through them, ask if Jesus still loves (Bill, Olivia, etc.). Then ask what you think Jesus would tell (Bill, Olivia, etc.) to do to help repent and fix their choices. Move each card over to the Jesus pile as you discuss.

- 4. <u>"They that are whole need not a physician, but they that are sick"</u> (Luke 5:31)- Show picture of physician and explain that this is a doctor. Talk about experiences we've had with going to the doctor. Ask/discuss questions underneath the picture.
- 5. Red Bleach Activity- "The Power of the Spirit"- Luke 4:14- after Jesus was able to say "no" to the things Satan wanted him to do, the scriptures say he "returned in the power of the Spirit." What does it mean to have the power of the Spirit? Do you feel better when you make good choices? Explain that when we make good choices, the Spirit helps us to be happy and gives us power to do more good things. Talk about some of the good things Jesus did. Talk about how he used this power to help clean/heal other people's bodies and spirits.
 - Red bleach activity: Prepare a container of water with red food coloring in it. Have a separate container with bleach in it. Read scriptures about how Jesus cleaned/healed people. For each scripture, have them tell you if He cleaned/healed someone's BODY or SPIRIT. For each one they figure out correctly, Mom/Dad will help them put bleach into the red water. Matthew 4:23-24; Luke 4:38-40; Luke 5:12-13; Luke 5:18-25. Then read and discuss Isaiah 1:18 and how this ties in. If needed, pour more bleach to make water completely clear again.
- 6. As I Trust in the Lord, He Can Help Me Reach My Divine Potential:
 - ➤ Share/discuss quote from Ezra Taft Benson: "Men and women who turn their lives over to God will discover that He can make a lot more out of their lives than they can"
 - > Share/discuss/summarize story of Peter and his fishermen in Luke 5:1-7. Why were they able to get a lot of fish? (because they did what Jesus asked them to do)
- 7. <u>Treat/Craft</u>: Make puppets/boats to retell story of Peter and the fish. Use goldfish crackers or Swedish fish to fill the boat.

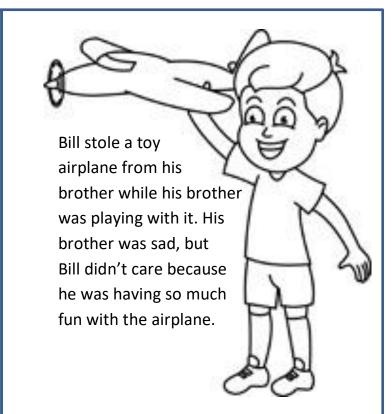
Additional Ideas:

What instruments do doctors use to help heal people? What instruments does Jesus use to help heal us? What "medicines" does he prescribe? What are some places we can go to be close to Him so He can heal us? Draw pictures, make a play, etc.

People Story Cards: (cut apart)

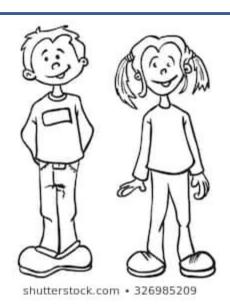


Jill was reading her favorite book to herself when her brothers came by and asked if they could read it with her. Jill let them sit next to her and they all read the book together.





Tommy stuck his tongue out at his friends and told them he didn't like them.



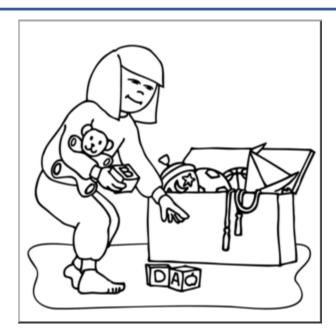
Noah told his friend Emma that he thought she was a nice girl and he was glad they were friends.



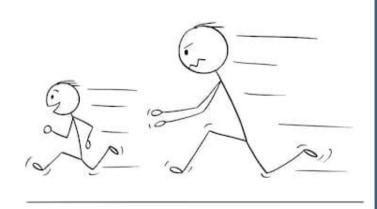
Olivia kept talking to her sister during church time when they were supposed to be reverent. It made it hard for the people around them to hear what the speakers were saying.



Liam, Amelia, and Ben sat quietly in their chairs during church and thought about Jesus.

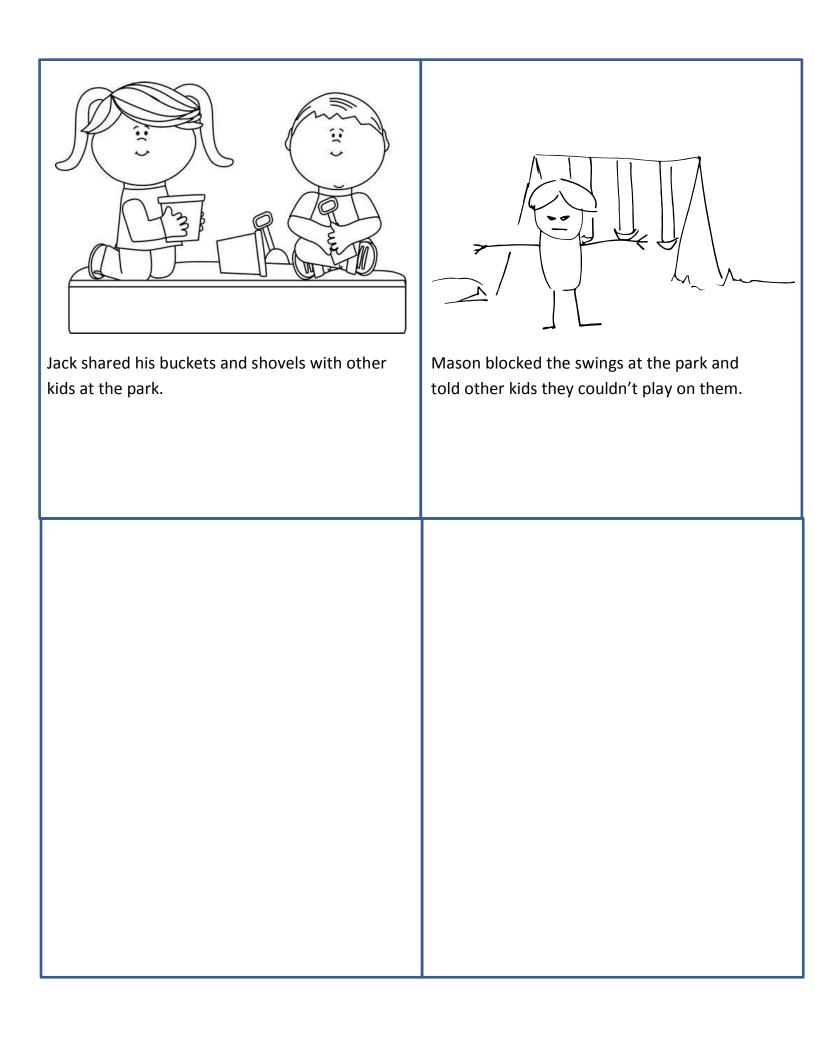


Isabella cleaned up her toys before her parents even asked her to.

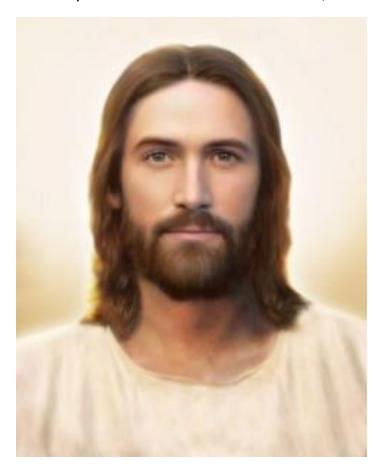


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Bob ran away from his dad when he asked him to sit down at the table and eat his broccoli.



Piles to place cards on after they choose a card and it's been read/discussed:



Oops!
I made a mistake.

"They that are whole need not a physician, but they that are sick"



- > If you got really sick with lots of red bumps all over your skin and went to the doctor, would the doctor say, "Oh gross! Someone with really ugly red bumps all over their skin just came in! Get them away from me!" (No) What would he do? (Help you get better. That's what doctors do.)
- > If you broke your leg and went to see a doctor, would the doctor laugh at you because your leg is broken and looks weird and tell all his doctor friends how ugly your leg is? (No) What would he do? (Help you get better. That's what doctors do)
- > If you made a mistake and asked Jesus to help you fix it, would he say, "Oh gross! Your soul is so dirty! Get away from me!" Or would He laugh/make fun of you? (No) What would He do? (Help you clean up your mistakes and get better. That's what Jesus does.)
- > Even though doctors don't tell you you're gross or make fun of you for having red bumps/broken bones, do they just say, "It's okay. Just ignore the bumps/broken leg. The rest of your body is healthy, so don't worry about those parts."? No. They tell you what you need to do in order to get rid of the bumps/heal the broken bone.
- > Even though Jesus doesn't tell us we're gross or make fun of us for our mistakes (sins), does he just say, "It's okay. Just ignore those mistakes you've made."? No. He tells you what you need to do in order to repent and get your spirit clean again.
- > Read Luke 5: 31-32. Everyone needs doctors to help when they're sick. Everyone needs Jesus as well to help when we sin.
- \succ Remember that Jesus can help both our bodies and our spirits become clean.

Peter and the Fishermen Craft/Treat:

This website has a super cute "Bible Theater Craft" to make if you want to be fancy: http://www.jesus-without-language.net/andrew-matthew-4-make-2/

We'll probably simplify it and just print up the Bible characters from that website, print up 2 of the boat patterns below (on cardstock) to let the kids color, fold/glue them into boats, and then use either Swedish fish or goldfish crackers to fill the boats. Maybe use a napkin for a net.

